

Your Name:

Your email address:

COVID-19 Triage QUESTIONNAIRE

Stella Arden & Associates, Osteopaths and Complementary Therapists at Louth
and Woodhall Spa

We ask you to answer the following questions truthfully and to the best of your ability.

This is to assess and minimise the risks to yourself and others, of infection by Coronavirus (or other nasties) when you attend a face-to-face appointment.

Your name.....Your date of birth..... Today's date.....

Your email address..... Your phone number.....

Have you ever had a COVID-19 test?

- When? Why?
- What were the results?

Current health status:

- How well are you feeling now?
- Have you experienced any unusual loss of your sense of smell or taste, lethargy, high temperature, diarrhoea, headaches, dizziness, a new cough, etc. in the last month?

- How long have you felt like this? (Please write)

Your Risk if you should become ill (Category):

- How old are you? [0-10] [11-16] [17-24] [25-38] [39-55] [56-69] [70-79] [80-89] [90+] (please tick)

- Have you received a letter from your doctor telling you that you are in a medical "Category" such as clinically vulnerable, or extremely clinically vulnerable?
- What is your current weight?

General Medical History:

- Are you pregnant? When is your baby due?

- Do you have any history of diabetes or of cardiovascular problems (heart, blood, blood vessel or stroke)?
Please give details:

- Are you undergoing any medical treatment at present, or have you in the last 4 months/ever, e.g. any medication, immunosuppressants such as for autoimmune disease, or an organ transplant (including skin grafts) or are you undergoing hormone treatment e.g. HRT, thyroxine, fertility treatment, anticancer treatment (such as leukaemia, prostate or mammary cancer etc), gender transformation treatment or other long-term treatment?

(Please give details)

- Do you have hayfever, asthma, snuffles? If so, inform the osteopath who must wear additional visor/eye protection

Risks to Others at Home:

- Do you live with/are you in a social “bubble” with anyone who is in any special Category, or shielding? Please explain:

Your possible exposure to the virus:

- Have you returned from any travel abroad (e.g. Spain, France) or from an area of higher risk of Coronavirus transmission (e.g. Manchester, Bradford) in the last 4 weeks?
- Where did you visit? When did you return?

- How many people are in your household?

- Do they have much contact with others? How often do you have contact with others? Please give details:

- For instance, have you been avoiding contact with everyone/ your family/ your friends?

OR

- Are you working/ shopping/ attending school/ nursery/ seeing grandchildren as normal? What exposure do you have e.g. essential worker, in a team, in a shop, lone working, Please give details:

- Please give an estimate of the number of times you have been within 2 metres of anyone outside your household for longer than 10 minutes in the last 2 weeks, with or without a face covering (e.g. meetings, waiting in a crowd, etc):

- Do you promise to inform the staff at Stella Arden & Associates if you should become unwell during the treatment or within 10 days after it?

I have answered these questions truthfully,
Signed

Date

Version 2 – 25th July 2020

- Do you understand that WE CANNOT GUARANTEE THAT THERE IS ABSOLUTELY NO RISK of contracting the virus when visiting our practice for treatment, despite our best efforts and careful implementation of the new protocols?

I have completed this questionnaire honestly and to the best of my ability, in order to agree to the terms of treatment in safety, at the behest of Stella Arden & Associates

(please sign here)

Signed dated.....

Advice for your next visit:

- Please bring a clean towel or washable light blanket in a plastic bag if you feel you may need extra warmth. We air the treatment room for 20 minutes between patients so the room may not feel as warm as normal.
- On arrival, please remain in your car and ring the office (if you are at the **Louth** practice) to inform the receptionist of your presence, so that we can ensure that the full sanitizing and ventilating process has been completed. You will be called in when it is safe to enter. Similarly, at **Woodhall Spa**, please remain in your vehicle and the osteopath will see your car and come out to show you in.
- Please wear your mask as you enter, you will be asked to wash your hands thoroughly as soon as you arrive.
- When you have settled in, you will be asked to complete a consent form which states that you accept these conditions for face-to-face consultation.
- Please note that payments are accepted in the form of BACS and cheques and cash, and our prices have been revised since Lockdown.

Thank you for completing this questionnaire. Please email it back to us, or print it out and bring it with you ready to complete before your consultation can begin.

It helps us a great deal and serves to reassure both patients and staff that we take your health seriously. In this way, we aim to help our community (and the world!) beat the Coronavirus.

For further information, contact info@stellaardenassociates.co.uk, or ring 01507 608166

I have answered these questions truthfully,
Signed

Date

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